

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 8 (Warmup 11.55 - 12.55)

**Event 301S Men 12 & Over 50 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 8 Prelims**

1				—
2				—
3	Jones, Dafydd	12	Nofio S Gar	31.80
4	Morgan, Josh	12	Co Newport	31.70
5	Dixon, Jamie	12	Mt Kelly	31.76
6	%Hobbs, Alex S7	19	Swansea Uni	38.70
7				—
8				—

**Heat 2 of 8 Prelims**

1	Davis, Quinn	12	Mt Kelly	31.58
2	Garnham, Sebastian	12	Teddington	31.55
3	Smith, Jacob	12	Haverfordwes	31.06
4	Neimanis-Kosarevs, D	12	Nuneaton	30.95
5	Fogarty, Oliver	12	Pembs Cty	31.01
6	Evans, Sam	12	Pembs Cty	31.11
7	Hughes, Freddy	12	NexusValleys	31.56
8	Hughes, Fraser	12	Rhondda	31.58

**Heat 3 of 8 Prelims**

1	Mrozinski, Michal	12	Conwy	30.90
2	Palmer, Evan	12	Torfaen D	30.40
3	Price-Clissem, Dyfan	13	NofioGwynedd	30.20
4	Williams, Dylan	13	Wrexham	29.94
5	Bancroft, Theo	12	Monnow	30.17
6	Jones, Spencer	12	Wrexham	30.30
7	Watkins, Dylan	12	Torfaen D	30.64
8	Greenwalker, Wilfred	12	Teddington	30.90

**Heat 4 of 8 Prelims**

1	Mills, Thomas	13	Nofio S Gar	29.50
2	Taylor, Nicholas	13	Torfaen D	29.20
3	Zaharewicz, Rhys	13	Teddington	29.10
4	Weiland, Lennart	13	Teddington	29.00
5	Iffland, Noah	13	Anaconda	29.05
6	Hernandez Taylor, Boaz	13	Hackney	29.20
7	Bowles, Osian	13	Anaconda	29.20
8	Hale, Oliver	13	Swansea Aq	29.60

**Heat 5 of 8 Prelims**

1	Williams, Sion	13	Nofio Bangor	28.90
2	Staskus, Daniel	12	Teddington	28.80
3	Rowntree, Tom	13	Co Hereford	28.77
4	Jones, Noah	13	Torfaen D	28.68
5	Volausek, Noah	13	Co Cardiff	28.70
6	Gregory, Jaiden	13	Co Cardiff	28.77
7	King, Ethan	12	Penyrheol	28.86
8	Catchpole, Charlie	13	Anaconda	28.94

**Heat 6 of 8 Prelims**

1	Duggan, Elliot	13	Bridgend Cty	28.10
2	Davies, Blake	14	Co Cardiff	27.90
3	Powell, Xander	14	TauntonDeane	27.40
4	Meilleur, Elliot	14	NofioGwynedd	27.13
5	Braine, Tobias	14	Mt Kelly	27.30
6	Roberts-Truman, Harri	14	Neath	27.67
7	Davies, Tom	14	Co Newport	28.02
8	Han, Nathan	13	Kingston Roy	28.60

**Heat 7 of 8 Prelims**

1	Jones, Sebastien	14	Torfaen D	28.10
2	Elmes, Max	13	Nofio S Gar	27.78
3	Jenkins, Oliver	14	S Bournem'th	27.37
4	Phillips, Finley	14	Nofio S Gar	27.10
5	Guest, James	13	Royal Wolv	27.30
6	Linge, Reece	13	EllesmereCSA	27.60
7	Bastyan, Tobias-Luke	13	Torfaen D	28.00
8	Matsiko, Jerome	13	Mt Kelly	28.55

**Heat 8 of 8 Prelims**

1	Shiland-Griffiths, Enzo	14	NofioGwynedd	28.02
2	Vong, Joshua	14	Co Newport	27.77
3	Scholes, James	14	Haslemere	27.33
4	Woodrow, Leo	13	TauntonDeane	27.10
5	Morgan, Charlie	14	Teddington	27.30
6	Castillo, Airam	13	Co Cardiff	27.50
7	Jones, Jayden	13	Caerphilly	27.90
8	Warman-Powell, Ioan	14	Torfaen D	28.10

**Event 302S Female 12 & Over 50 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 10 Prelims**

1				—
2				—
3	%Trevor, Caitlin S14	21	Kingston Roy	40.10
4	Davies, Indie	12	Co Newport	32.74
5	Roberts, Bethan	12	Wrexham	32.80
6				—
7				—
8				—

**Heat 2 of 10 Prelims**

1	Evans, Cadi	12	Swansea Aq	32.49
2	Price, Seren-Louise	12	Nofio S Gar	32.42
3	Mitrjaikina, Kerly	12	Swansea Aq	32.40
4	Jones, Jessica	12	Rct Squad	32.34
5	Scott, Lucy	12	Conwy	32.39
6	Boxall-Leggett, A	12	Okehampton	32.41
7	Morgan, Millie	12	Teddington	32.48
8	Rejica, Amara	12	Nuneaton	32.64

**Heat 3 of 10 Prelims**

1	West, Ffion	12	Nuneaton	32.28
2	Williams, Daisy	12	Nofio Bangor	32.20
3	Scales, Eve	12	EllesmereCSA	32.10
4	Thomas-Owen, Efa	12	NofioGwynedd	31.95
5	Jasper, Lily	12	Co Cardiff	32.08
6	Hnoiana, Valentyna	12	Swansea Aq	32.20
7	Duggan, Grace	12	Bridgend Cty	32.22
8	Henderson, Darcy	12	Dinnaton	32.30

**Heat 4 of 10 Prelims**

1	Williams, Paige	12	Swansea Aq	31.87
2	Edge, Fiona	12	Nuneaton	31.80
3	Williams, Layla	12	Newtown	31.73
4	Llewellyn, Mali	12	Bridgend Cty	31.68
5	Filmer, Gwennan	12	Nofio S Gar	31.73
6	Van Zyl, Kiara	12	Co Cardiff	31.74
7	Jones, Aimee	12	Newton Abbot	31.87
8	Jones, Lola-Grace	12	Torfaen D	31.88

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 8 (Warmup 11.55 - 12.55)

**Heat 5 Prelims (#302S Female 12 & Over 50 SC Meter Freestyle)**

1	Price, Amie	13	Rct Squad	31.61	_____
2	Smith, Sophie	13	Nuneaton	31.50	_____
3	Davies, Erin	13	C Dolphins	31.40	_____
4	Olszewska, Maya	12	Co Newport	31.39	_____
5	Munslow, Seren	12	Monnow	31.40	_____
6	Morfey, Megan	12	Chepstow	31.44	_____
7	Owen, Gwen	13	Merthyr Tydf	31.50	_____
8	Jones, Efa	13	Co Cardiff	31.64	_____

**Heat 6 of 10 Prelims**

1	Williams, Gwenno	13	NofioGwynedd	31.37	_____
2	Madra, Victoria	13	Wrexham	31.35	_____
3	Morgan, Evelyn	13	Nofio S Gar	31.30	_____
4	Long, Sadie	13	Bridgend Cty	31.20	_____
5	Cater, Laila	13	Dinnaton	31.30	_____
6	Williams, Lili	13	Rct Squad	31.31	_____
7	Butler, Olivia	13	Bridgend SC	31.36	_____
8	Patterson, Hollie	13	Nofio S Gar	31.39	_____

**Heat 7 of 10 Prelims**

1	McCooole-Jones, Elen	13	Ruthin	31.11	_____
2	Bloomer, Molly	12	Anaconda	31.09	_____
3	Fordham, Freya	12	Co Newport	31.03	_____
4	Tilley, Ella	13	Royal Wolv	31.00	_____
5	Williams, Leah	13	NofioGwynedd	31.00	_____
6	Jones, Hunydd	13	Nofio S Gar	31.03	_____
7	McFarlane, Una	13	Pembs Cty	31.10	_____
8	Hughes, Tirion	13	Swansea Aq	31.20	_____

**Heat 8 of 10 Prelims**

1	Goodman, Lola	13	Swansea Aq	30.89	_____
2	Goodman, Evie	13	Swansea Aq	30.70	_____
3	Edwards, Nia	13	Caerphilly	30.50	_____
4	Ribeiro, Ariana	13	Co Cardiff	30.30	_____
5	Innocent-Woodman, A	13	Co Cardiff	30.48	_____
6	Fowkes, Amelia	13	Royal Wolv	30.65	_____
7	Bereznicki, Lilly	12	Mt Kelly	30.80	_____
8	Gettins, Bethan	12	Co Newport	31.00	_____

**Heat 9 of 10 Prelims**

1	Godovanuka, Sofia	12	Nuneaton	30.85	_____
2	Jones Churm, Nel	13	NofioGwynedd	30.70	_____
3	Griffiths, Ffion	13	Pembs Cty	30.50	_____
4	Davies, Sophia	12	Co Cardiff	30.20	_____
5	Layland, Seren	13	Penyrheol	30.40	_____
6	Roberts, Rosie	12	Torfaen D	30.57	_____
7	Thomas, Manisha	12	Anaconda	30.78	_____
8	Linley-Shaw, Elsa	12	Mt Kelly	30.93	_____

**Heat 10 of 10 Prelims**

1	Williams, Poppy	13	Nofio Bangor	30.84	_____
2	Morgan-Basini, Ruby-May	12	Merthyr Tydf	30.69	_____
3	%Willis, Meghan S9	17	Torfaen D/1, 3, 5	30.50	_____
4	Duggan, Grace	13	Rct Squad	30.20	_____
5	Galbraith, Evelyn	13	Haslemere	30.30	_____
6	Cooksey-Owen, Ruby-Mae	13	Co Cardiff	30.56	_____
7	Alsop, Maddison	13	Nuneaton	30.70	_____
8	Lewis-Jones, Idele	13	Wrexham	30.91	_____

**Event 303S Men 12 & Over 400 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time	
------	------	-----	------	-----------	--

**Heat 1 of 3 Prelims**

1					_____
2	%O'Reilly, McKenzie S8	15	Torfaen D/A, 12+	6:06.41	_____
3	Frampton, Rhydian	12	Millfield	5:16.00	_____
4	Hughes, Freddy	12	NexusValleys	5:14.58	_____
5	Noden, Rory	12	Pembs Cty	5:15.48	_____
6	Davis, Quinn	12	Mt Kelly	5:16.64	_____
7					_____
8					_____

**Heat 2 of 3 Prelims**

1	Mills, Thomas	13	Nofio S Gar	5:03.20	_____
2	Davies, Ellis	13	Nofio S Gar	4:58.99	_____
3	Harwood, Jack	13	Pembs Cty	4:53.46	_____
4	Payne, Sebastian	13	Droitwich	4:51.40	_____
5	Iffland, Noah	13	Anaconda	4:52.37	_____
6	Murphy, Heath	13	Nuneaton	4:57.29	_____
7	Woodrow, Leo	13	TauntonDeane	5:01.40	_____
8	Winpenny, Billy	12	Teddington	5:12.96	_____

**Heat 3 of 3 Prelims**

1	Csoban, Benjamin	13	Co Newport	5:02.62	_____
2	Timbrell, George	13	Co Newport	4:58.36	_____
3	Taylor, Nicholas	13	Torfaen D	4:52.68	_____
4	Garnham, Sebastian	12	Teddington	4:50.80	_____
5	Hayward, Harry	13	Nuneaton	4:51.60	_____
6	Elmes, Max	13	Nofio S Gar	4:54.50	_____
7	Jones, Spencer	12	Wrexham	4:59.70	_____
8	Chalk, Alistair	12	Co Newport	5:12.23	_____

**Event 304S Female 12 & Over 100 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time	
------	------	-----	------	-----------	--

**Heat 1 of 6 Prelims**

1	%Philpott, Lowri SB14	13	Nofio S Gar	1:57.26	_____
2	%Lawn, Philippa SB14	14	Torfaen D	1:44.91	_____
3	Munslow, Seren	12	Monnow	1:32.72	_____
4	Scales, Eve	12	EllesmereCSA	1:32.35	_____
5	Filmer, Gwennan	12	Nofio S Gar	1:32.37	_____
6	Van Zyl, Kiara	12	Co Cardiff	1:32.97	_____
7	%Soffe, Bronwyn SB9	12	Co Newport/12, +	1:46.70	_____
8	%Trevor, Caitlin SB14	21	Kingston Roy	2:01.86	_____

**Heat 2 of 6 Prelims**

1	King, Phillipa	12	Brixham	1:31.66	_____
2	Kinnaird, Darcy	12	Co Cardiff	1:30.91	_____
3	Godovanuka, Sofia	12	Nuneaton	1:29.92	_____
4	Khinda, India	13	Teddington	1:28.80	_____
5	Williams, Leah	13	NofioGwynedd	1:29.45	_____
6	Evans, Cadi	12	Swansea Aq	1:30.12	_____
7	Morgan-Basini, Ruby-May	12	Merthyr Tydf	1:31.44	_____
8	Roberts, Phoebe	12	Conwy	1:32.08	_____

**Heat 3 of 6 Prelims**

1	Mustey, Elizabeth	13	Monnow	1:28.47	_____
2	Davies, Macy	12	Torfaen D	1:28.23	_____
3	Young, Lily	13	Chirk	1:28.07	_____
4	Hall, Ellena	13	Pembs Cty	1:27.82	_____
5	Summerfield, Lucy	12	Nofio S Gar	1:27.89	_____
6	Pitt, Seren	12	Co Cardiff	1:28.21	_____
7	Smith, Sophie	13	Nuneaton	1:28.34	_____
8	Williams, Lili	13	Rct Squad	1:28.55	_____

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 8 (Warmup 11.55 - 12.55)

**Heat 4 Prelims (#304S Female 12 & Over 100 SC Meter Breaststroke)**

1	McQuaid, Maria	13	Co Cardiff	1:27.00	___
2	Roberts, Rosie	12	Torfaen D	1:25.75	___
3	Lewis-Jones, Idele	13	Wrexham	1:23.94	___
4	Lewis, Harriet	12	Co Cardiff	1:23.11	___
5	Devin, Erin	14	Wrexham	1:23.59	___
6	Davies, Sophia	12	Co Cardiff	1:25.06	___
7	Lee, Seol Lucy	12	Co Cardiff	1:26.33	___
8	Patterson, Hollie	13	Nofio S Gar	1:27.63	___

**Heat 5 of 6 Prelims**

1	Marsden, Phoebe	13	Conwy	1:26.43	___
2	Bozic, Sara	12	Hackney	1:25.48	___
3	Jones, Isabella	14	Bridgend Cty	1:23.91	___
4	%French, Eva SB9	17	Nuneaton/1, 3, 5	1:23.10	___
5	Kazmiruk, Anastasiia	13	Nofio S Gar	1:23.17	___
6	Sundsbo, Klara	13	Hackney	1:24.94	___
7	Szymanska, Julia	13	Nuneaton	1:26.22	___
8	Henderson, Darcy	12	Dinnaton	1:27.45	___

**Heat 6 of 6 Prelims**

1	Hall, Isabelle	13	Pembs Cty	1:26.40	___
2	Hughes, Tirion	13	Swansea Aq	1:25.27	___
3	Reasons, Darcy	12	Torfaen D	1:23.61	___
4	Davies, Isabella	13	Nofio S Gar	1:22.96	___
5	Coles, Mya	14	Co Newport	1:23.15	___
6	Knight, Lily	14	Swansea Aq	1:24.29	___
7	Nazar, Antonia	13	Anaconda	1:25.96	___
8	Madra, Victoria	13	Wrexham	1:27.39	___

**Event 305S Men 12 & Over 200 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 4 Prelims**

1					___
2					___
3	Marques-Jones, Felix	12	Nofio S Gar	3:15.40	___
4	Costello, Triston	12	Nuneaton	3:10.77	___
5	McCullagh, Patrick	12	Holywell	3:15.07	___
6					___
7					___
8					___

**Heat 2 of 4 Prelims**

1	Wynne, Jasper	12	Royal Wolv	3:07.06	___
2	Sekula, Szymon	13	NexusValleys	3:02.82	___
3	Short, Harley	13	Mt Kelly	2:57.81	___
4	Braine, Tobias	14	Mt Kelly	2:48.28	___
5	Shiland-Griffiths, Enzo	14	NofioGwynedd	2:51.38	___
6	Weiland, Lennart	13	Teddington	2:59.50	___
7	Winzor, Oliver	12	Royal Wolv	3:04.50	___
8					___

**Heat 3 of 4 Prelims**

1	Thomas, Wilf	12	Aberystwyth	3:06.96	___
2	Price-Clisshem, Dyfan	13	NofioGwynedd	3:02.80	___
3	Sekula, Mateusz	13	NexusValleys	2:56.54	___
4	Warman-Powell, Ioan	14	Torfaen D	2:47.03	___
5	Catchpole, Charlie	13	Anaconda	2:50.82	___
6	Williams, Sion	13	Nofio Bangor	2:58.93	___
7	Taylor, Nicholas	13	Torfaen D	3:03.60	___
8					___

**Heat 4 of 4 Prelims**

1	Greenwalker, Wilfred	12	Teddington	3:06.59	___
2	Lovell, Logan	13	Swindon Dolp	3:00.40	___
3	Volausek, Noah	13	Co Cardiff	2:54.94	___
4	Jones, Noah	13	Torfaen D	2:46.77	___
5	Stuart-Lavender, Jac	14	Nofio S Gar	2:49.04	___
6	Hernandez Taylor, Boaz	13	Hackney	2:58.49	___
7	Castillo, Airam	13	Co Cardiff	3:03.30	___
8	Rodrigues Martins, F	12	Okehampton	3:08.99	___

**Event 306S Female 12 & Over 200 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 2 Prelims**

1	Godovanuka, Sofia	12	Nuneaton	2:56.01	___
2	Dash, Amelie	13	Pembs Cty	2:45.11	___
3	Coffey, Cora-Leigh	14	Neath	2:40.56	___
4	Tejedo, Lola	13	Co Cardiff	2:38.71	___
5	Humphreys, Niamh	13	Royal Wolv	2:39.73	___
6	Jones, Maisie	14	Co Cardiff	2:42.20	___
7	Thomas, Manisha	12	Anaconda	2:48.40	___
8	Linley-Shaw, Elsa	12	Mt Kelly	2:59.98	___

**Heat 2 of 2 Prelims**

1	Williams, Poppy	13	Nofio Bangor	2:51.60	___
2	McCavish, Cara	13	Farnham	2:44.78	___
3	Marski, Payton	14	EllesmereCSA	2:39.78	___
4	Taylor, Rebecca	14	Wrexham	2:35.11	___
5	Chadwick, Millie	14	Teddington	2:39.46	___
6	Meenagh, Mai Van	12	Co Cardiff	2:40.89	___
7	Hill, Emma	13	Teddington	2:45.28	___
8	Williams, Layla	12	Newtown	2:57.50	___

**Event 307S Men 12 & Over 100 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 4 Prelims**

1	Lawrence, Nicholas	12	Nuneaton	1:18.50	___
2	Garnham, Sebastian	12	Teddington	1:15.20	___
3	Jones, Spencer	12	Wrexham	1:12.60	___
4	Duggan, Elliot	13	Bridgend Cty	1:11.59	___
5	Jones, Jayden	13	Caerphilly	1:11.87	___
6	Jones, Noah	13	Torfaen D	1:12.93	___
7	Hughes, Fraser	12	Rhondda	1:18.50	___
8	Morgan, Josh	12	Co Newport	1:19.00	___

**Heat 2 of 4 Prelims**

1	Payne, Sebastian	13	Droitwich	1:09.42	___
2	Gwynfil, Solomon	14	Co Cardiff	1:07.33	___
3	Williams, Thomas	14	Nofio S Gar	1:05.50	___
4	Spinks, Owen	16	Torfaen D	1:02.03	___
5	Davey, Oliver	15	Mt Kelly	1:02.90	___
6	Hewitt, Archie	14	Torfaen D	1:06.13	___
7	Mathieson, Edward	14	Mt Kelly	1:07.72	___
8	Linge, Reece	13	EllesmereCSA	1:10.60	___

**Heat 3 of 4 Prelims**

1	Bastyan, Tobias-Luke	13	Torfaen D	1:09.41	___
2	Scholes, James	14	Haslemere	1:06.79	___
3	Foster, Henry	15	Redditch	1:04.35	___
4	Ward, Iwan	16	Droitwich	1:01.94	___
5	Lazizi, Rassim	15	Hackney	1:02.60	___
6	Winpenny, Alfie	14	Teddington	1:05.80	___
7	Jones, Sebastien	14	Torfaen D	1:07.40	___
8	Williams, Dylan	13	Wrexham	1:09.94	___

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 8 (Warmup 11.55 - 12.55)

**Heat 4 Prelims (#307S Men 12 & Over 100 SC Meter Butterfly)**

1	Gruffydd, Ned	14	Co Cardiff	1:08.01	___
2	Nicolaou, Charlie	14	Mt Kelly	1:06.74	___
3	Kershaw, Harvey	14	Mt Kelly	1:03.40	___
4	Deacon, Cameron	14	Co Cardiff	1:01.70	___
5	Leonard, Ewan	15	Conwy	1:02.10	___
6	Meilleur, Elliot	14	NofioGwynedd	1:05.64	___
7	Roberts, Daniel	14	Billingham	1:07.40	___
8	Harvey, Hugo	13	Co Cardiff	1:09.71	___

**Event 308S Female 12 & Over 200 SC Meter IM**

Lane	Name	Age	Team	Seed Time	
------	------	-----	------	-----------	--

**Heat 1 of 9 Prelims**

1					___
2					___
3	%Lawn, Philippa SM14	14	Torfaen D	3:19.60	___
4	Munslow, Seren	12	Monnow	2:59.13	___
5	James, Isabelle	12	Rhondda	2:59.35	___
6	%Trevor, Caitlin SM14	21	Kingston Roy	3:54.86	___
7					___
8					___

**Heat 2 of 9 Prelims**

1	Morfey, Megan	12	Chepstow	2:58.58	___
2	Van Zyl, Kiara	12	Co Cardiff	2:58.04	___
3	McShane, Anya	12	Co Cardiff	2:57.15	___
4	Roberts, Phoebe	12	Conwy	2:56.79	___
5	Bozic, Sara	12	Hackney	2:57.04	___
6	Jones, Cadi	12	Co Cardiff	2:57.85	___
7	Pawlowski, Isabelle	12	Corby	2:58.31	___
8	Roberts, Bethan	12	Wrexham	2:58.97	___

**Heat 3 of 9 Prelims**

1	Jasper, Lily	12	Co Cardiff	2:54.80	___
2	Morgan, Millie	12	Teddington	2:54.43	___
3	Short, Amelia	13	NexusValleys	2:52.52	___
4	Madra, Victoria	13	Wrexham	2:52.23	___
5	Patterson, Hollie	13	Nofio S Gar	2:52.31	___
6	Henderson, Darcy	12	Dinnaton	2:53.88	___
7	Jones, Lola-Grace	12	Torfaen D	2:54.56	___
8	Jones, Jessica	12	Rct Squad	2:55.62	___

**Heat 4 of 9 Prelims**

1	Jones, Hunydd	13	Nofio S Gar	2:51.18	___
2	Olszewska, Maya	12	Co Newport	2:50.74	___
3	Simons, Georgia	13	Anaconda	2:50.52	___
4	Hall, Ellena	13	Pembs Cty	2:50.44	___
5	Summerfield, Lucy	12	Nofio S Gar	2:50.47	___
6	Smith, Sophie	13	Nuneaton	2:50.66	___
7	Williams, Layla	12	Newtown	2:51.09	___
8	Cooksey-Owen, Ruby-Mae	13	Co Cardiff	2:51.91	___

**Heat 5 of 9 Prelims**

1	Williams, Leah	13	NofioGwynedd	2:50.00	___
2	Chauhan, Amber	12	Nofio Bangor	2:49.98	___
3	Williams, Gwenno	13	NofioGwynedd	2:49.58	___
4	Hughes, Tirion	13	Swansea Aq	2:47.96	___
5	Thurston, Rene	13	Newtown	2:49.40	___
6	Thomas-Owen, Efa	12	NofioGwynedd	2:49.92	___
7	Thomas, Manisha	12	Anaconda	2:49.99	___
8	Alsop, Maddison	13	Nuneaton	2:50.32	___

**Heat 6 of 9 Prelims**

1	McFarlane, Una	13	Pembs Cty	2:47.66	___
2	Davies, Sophia	12	Co Cardiff	2:47.31	___
3	Williams, Lili	13	Rct Squad	2:46.81	___
4	McCoole-Jones, Elen	13	Ruthin	2:45.62	___
5	Lee, Seol Lucy	12	Co Cardiff	2:45.99	___
6	Williams, Paige	12	Swansea Aq	2:47.12	___
7	Innocent-Woodman, A	13	Co Cardiff	2:47.45	___
8	Scales, Eve	12	EllesmereCSA	2:47.82	___

**Heat 7 of 9 Prelims**

1	Davies, Macy	12	Torfaen D	2:44.52	___
2	%Willis, Meghan SM9	17	Torfaen D/1, 3, 5	2:42.60	___
3	Jones, Isabella	14	Bridgend Cty	2:41.38	___
4	Davies, Isabella	13	Nofio S Gar	2:40.24	___
5	Lewis-Jones, Idele	13	Wrexham	2:40.71	___
6	Fowler, Maisie	13	Rct Squad	2:42.51	___
7	Donaldson, Evie	12	Co Newport	2:43.23	___
8	Sutton, Emily	13	NofioGwynedd	2:45.57	___

**Heat 8 of 9 Prelims**

1	McCavish, Cara	13	Farnham	2:44.24	___
2	Pitt, Seren	12	Co Cardiff	2:42.53	___
3	Galdes Cutting, Daisy	13	Pembs Cty	2:41.04	___
4	Bissicks, Cari	13	Neath	2:40.23	___
5	Dash, Amelie	13	Pembs Cty	2:40.69	___
6	Roberts, Isabel	14	Co Cardiff	2:42.20	___
7	Godovanuka, Sofia	12	Nuneaton	2:42.84	___
8	Hurley, Sienna-Grace	14	Bridgend Cty	2:44.83	___

**Heat 9 of 9 Prelims**

1	Williams, Poppy	13	Nofio Bangor	2:43.78	___
2	Sullivan, Ariana	14	Torfaen D	2:42.52	___
3	Jones, Annabelle	14	Wrexham	2:40.95	___
4	Jones, Aimee	12	Newton Abbot	2:39.84	___
5	Tilley, Ella	13	Royal Wolv	2:40.64	___
6	Hughes, Nel	13	NofioGwynedd	2:41.67	___
7	Mellor, Medi	12	Nofio Bangor	2:42.69	___
8	Connolly, Juliette	14	Conwy	2:44.81	___

**Event 309 Female 12 & Over 800 SC Meter Freestyle****Fastest 8 swimmers will swim****in the FINALS session**

Lane	Name	Age	Team	Seed Time	
------	------	-----	------	-----------	--

**Heat 1 of 8 Finals**

1					___
2	Price, Seren-Louise	12	Nofio S Gar	11:14.68	___
3	Donaldson, Evie	12	Co Newport	10:56.76	___
4	Alsop, Maddison	13	Nuneaton	10:52.27	___
5	Pawlowski, Isabelle	12	Corby	10:55.00	___
6	Filmer, Gwennan	12	Nofio S Gar	10:58.44	___
7					___
8					___

**Heat 2 of 8 Finals**

1	Chauhan, Amber	12	Nofio Bangor	10:45.81	___
2	Hands, Ava	13	Nuneaton	10:41.02	___
3	Hall, Ellena	13	Pembs Cty	10:35.41	___
4	McFarlane, Una	13	Pembs Cty	10:31.07	___
5	Morgan, Evelyn	13	Nofio S Gar	10:31.15	___
6	Ballinger, Scarlett	13	Rhondda	10:37.80	___
7	Humphreys, Niamh	13	Royal Wolv	10:42.12	___
8	Morgan, Millie	12	Teddington	10:51.90	___

**Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024****Meet Program - Session 8 (Warmup 11.55 - 12.55)****Heat 3 Finals (#309 Female 12 & Over 800 SC Meter Freestyle)**

1	McQuaid, Maria	13	Co Cardiff	10:16.57	___
2	Edwards, Carys	14	Caerphilly	10:15.05	___
3	McCavish, Cara	13	Farnham	10:08.94	___
4	Bates, Molly	13	Wrexham	9:59.17	___
5	Jones, Annabelle	14	Wrexham	10:03.11	___
6	Neumann, Erin	12	Mt Kelly	10:13.30	___
7	Atkins, Amelia	13	Holywell	10:15.76	___
8	Richards, Faith	14	Merthyr Tydf	10:21.30	___

**Heat 4 of 8 Finals**

1	Beattie, Maisie	15	EllesmereCSA	9:58.50	___
2	Ach Rhys, Esyllt	14	NofioGwynedd	9:56.03	___
3	George, Ellie	13	Rct Squad	9:54.22	___
4	Hill, Chloe	15	Kingston Roy	9:52.80	___
5	Roberts, Mali	14	NofioGwynedd	9:54.02	___
6	Hernandez Taylor, Ivy	15	Hackney	9:54.90	___
7	Russell, Emilia	14	Kingston Roy	9:57.93	___
8	Coles, Mya	14	Co Newport	9:58.66	___

**Heat 5 of 8 Finals**

1	Johnson, Poppy	15	Holywell	9:49.63	___
2	O'Mahoney, Kaitlin	16	Bridgend Cty	9:47.11	___
3	Thomas, Serenity	14	Conwy	9:45.15	___
4	Galdes Cutting, Daisy	13	Pembs Cty	9:42.14	___
5	Philpott, Ffion	15	Nofio S Gar	9:44.60	___
6	Darby, Daisy	16	Teddington	9:46.40	___
7	Phillips, Emma	14	Teddington	9:47.13	___
8	Teggarty-Sparks, Ida	13	Teddington	9:50.80	___

**Heat 6 of 8 Finals**

1	Chadwick, Millie	14	Teddington	9:36.65	___
2	Humphreys, Holly	16	Swansea Aq	9:33.67	___
3	Cust, Ciara	17	Conwy	9:32.34	___
4	Mason, Eliza	13	EllesmereCSA	9:26.98	___
5	Watts, Olivia	15	EllesmereCSA	9:32.20	___
6	Iles, Jessica	14	Co Cardiff	9:32.92	___
7	Holt, Ava	17	Teddington	9:34.90	___
8	Devin, Erin	14	Wrexham	9:39.59	___

**Heat 7 of 8 Finals**

1	Deakin, Ellena	16	Teddington	9:23.28	___
2	Wiseman Lee, Thea	16	Teddington	9:20.65	___
3	Gerrard, Amelia	15	Co Liverpool	9:19.56	___
4	Griffiths, Cerys	14	Pembs Cty	9:17.74	___
5	Chadwick, Phoebe	16	Teddington	9:19.29	___
6	Patterson, Millie	18	Swansea Uni	9:19.83	___
7	Claxton, Autum	13	Mt Kelly	9:20.80	___
8	Latimer-Hicks, Madelyn	20	Dinnaton	9:25.97	___

**Heat 8 of 8 Finals - Swimming with Finals**

1	Handley, Evie	15	Exeter City	9:16.00	___
2	Martin, Cazia	15	Co Sheffield	9:13.90	___
3	Mitchell, Abby	18	Swansea Uni	8:55.60	___
4	John, Emilia	17	Co Cardiff	8:49.22	___
5	Forwood, Emily	20	Swansea Uni	8:52.60	___
6	Cumner, Megan	17	Mt Kelly	9:13.65	___
7	Slinn, Esmee	15	EllesmereCSA	9:14.40	___
8	Marshall, Polly	19	Birm'ham Uni	9:17.58	___